

COMBATING COMMON DISEASES WITH PLANTS

A PRESENTATION BY

MICHAEL GREGER, M.D.

Dr. Greger has scoured the world's scholarly literature on clinical nutrition and developed this brand-new presentation on the latest in cutting-edge research. In Dr. Greger's annual nutrition review last year he went through the list of the 15 leading causes of death, exploring the role diet may play in preventing, arresting, and even reversing our top 15 killers. This year Dr. Greger will run through the top dozen reasons people visit doctors to highlight some of the latest research on how a healthy diet can affect some of the most common medical conditions.

**TUESDAY, JUNE 10, 7 P.M.
ALA WAI GOLF COURSE CLUBHOUSE**

404 KAPAHULU AVE., HONOLULU

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ACROSS FROM THE CHEVRON STATION)

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640 'ULUKAHIKI STREET**

**MONDAY, JUNE 9, 5-6:30 P.M.—VEGAN DINE-OUT
WITH DR. GREGER — \$10, ALL-VEGAN BUFFET AT THE BISTRO!
TO RSVP: CALL 944-8344 OR EMAIL INFO@VSH.ORG**

**MONDAY, JUNE 9, 7 P.M.—FREE PUBLIC LECTURE
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**TUESDAY, JUNE 10, 12:30-1:30 P.M.—CME LECTURE
FOR PHYSICIANS AND OTHER CLINICAL PROFESSIONALS
FREE, FOR CME INFO, CALL 263-5382**

Maui — Dr. Greger will also be speaking on Thursday, June 12, at 7 p.m., at Cameron Center, 95 Mahalani St., Wailuku.



Vegetarian Society of Hawaii

Join Us!

For more info call 944-VEGI (8344) or visit www.VSH.org



A founding member of the American College of Lifestyle Medicine, Michael Greger, MD, is a physician, author, and internationally recognized speaker on nutrition, food safety, and public health issues. He has lectured at the Conference on World Affairs, testified before Congress, appeared on The Dr. Oz Show and The Colbert Report, and was invited as an expert witness in the defense of Oprah Winfrey in the infamous "meat defamation" trial. He is a graduate of Cornell University School of Agriculture and Tufts University School of Medicine. Currently Dr. Greger serves as the Director of Public Health and Animal Agriculture at The Humane Society of the United States. Hundreds of his nutrition videos are freely available at NutritionFacts.org, with new videos and articles uploaded every other day.

**FREE Admission
& Refreshments**

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