Antoinette Ortiz-Sharfin grew up next door to her grandfather’s farm in a pristine valley in Northern New Mexico. After her mother’s passed away, ending a 12-year battle with breast cancer, she began a healing journey which led her to Alaska where her husband worked as a commercial longline fisherman, and eventually to the Big Island of Hawaii, where they now run their vegan cafe businesses together.

This storytelling type gathering will share the journey of Antoinette Ortiz-Sharfin who was raised in a small farming community in northern New Mexico and the evolution of her thriving vegan cafe business, “Herbivores” on the Big Island of Hawaii.

**7 P.M., TUESDAY, MAY 14, 2019**
**Ala Wai Golf Course Clubhouse**  
Oahu — 404 Kapahulu Ave., Honolulu  
(at end of 0.2 mile driveway between golf course & Waikiki-Kapahulu Library)

**7 P.M., THURSDAY, MAY 16**  
Maui—Cameron Center, 95 Mahalani St., Wailuku

Oahu & Maui refreshments courtesy of Down to Earth.

**5:30-7:30 P.M., WEDNESDAY, MAY 15**
Enjoy Dining Out with Antoinette!  
Simple Joy Vegetarian Cuisine  
1145 South King Street, Honolulu

$20.00 (incl. tax & tip). To RSVP (required), text or call Carol before 9 p.m. at (808) 728-6639. Pay cash at restaurant before your meal. (Parties of 3 or more may pay by credit card.)

Meal includes one Summer Roll (1/2 order) plus choice of one Entrée (All entrees served with brown rice).  
Please specify your entrée choice when RSVPing):

1) Thai Curry—tofu, eggplant, carrot, cabbage, onion and mushrooms. Cooked with coconut milk and curry spice. 2) Veggie Feast—pan fried vegan fish with ginger, sauteed mushrooms, and garlic, with green beans. 3) Mixed Vegetables with Tofu and Ginger, including a variety of stir-fried vegetables and shiitake mushrooms with a gravy sauce.

Note: Dining event only. Proceeds go to meal providers, not to VSH.