

# THE END OF HEART DISEASE 2020

A VSH FREE PUBLIC PRESENTATION BY

## JOEL KAHN, MD

**7 P.M., TUESDAY  
JANUARY 14, 2020**

**ALA WAI GOLF COURSE CLUBHOUSE  
OAHU — 404 KAPAHULU AVE., HONOLULU**



Joel Kahn, MD, FACC of Detroit, Michigan, is a practicing cardiologist, and a Clinical Professor of Medicine at Wayne State University School of Medicine. He graduated Summa Cum Laude from the University of Michigan Medical School. Known as "America's Healthy Heart Doc", Dr. Kahn has triple board certification in Internal Medicine, Cardiovascular Medicine and Interventional Cardiology. He was the first physician in the world to certify in Metabolic Cardiology with A4M/MMI and the University of South Florida.

Dr. Kahn has authored scores of publications in his field including articles, book chapters and monographs. He writes health articles and has five books in publication including *Your Whole Heart Solution*, *Dead Execs Don't Get Bonuses* and *The Plant Based Solution*. He has regular appearances on Dr. Phil, The Doctors Show, Dr. Oz, Larry King Now, Joe Rogan Experience, and with Bassem Yousef. He has been awarded a Health Hero award from *Crain's Detroit Business*. He owns 3 health restaurants in Detroit and Austin, Texas. Find Dr. Kahn at [www.drjoelkahn.com](http://www.drjoelkahn.com).

**H**earth disease has been the number one killer of men and women in the USA every year since 1918. Dr. Kahn will discuss what heart disease is, how it is detected early, how it is halted, and how it is reversed. His program is proven to reverse aging of arteries and restore health and vitality with a whole food plant-based diet,

**6-8 P.M., WEDNESDAY, JANUARY 15**

**Vegan Dining Out w/ Dr. Joel Kahn!  
The Ripple of Smiles, 3040 Waiialae Ave. (Oahu)**

Park in lot by restaurant, or across Waiialae Ave. alongside Wayne's Carpet or Downing Hawaii.

**\$21 (incl. 10% disc., tax & tip) Cash or Credit card OK.**

**To RSVP: Text (or call) Carol before 9 p.m. (808) 728-6639**

**w/ your name, phone no., & entrée choice for each person coming.**

*Meal includes: 1 Summer Roll (1/2order) w/ peanut sauce & choice of entrée: 1) Braised Straw Mushroom Brown Rice, 2) Vegan Stir-fried Noodles, 3) Vegan Fried Brown Rice\**

**Note: Dining event only. Proceeds go to meal providers, not to VSH.**

**MAUI LECTURE: 7 P.M., THURSDAY, JANUARY 16**

J. WALTER CAMERON CENTER, 95 MAHALANI ST., WAILUKU

**OAHU & MAUI REFRESHMENTS COURTESY OF DOWN TO EARTH**



**Vegetarian Society of Hawaii**

**Join us!**

For more info: call (808) 944-VEGI (8344) or visit [www.vsh.org](http://www.vsh.org).

**FREE Admission  
& Refreshments**

Looking forward to seeing you! Suggest wearing fragrance-free products for your own health, as well as that of other attendees.