

# 12 NOON HST, SUN. FEB. 23, 2025

## SAVE YOUR BRAIN - WHY EVERYTHING YOU KNOW ABOUT DEMENTIA IS WRONG

A FREE LIVE ONLINE VSH PRESENTATION BY

### PETER ROGERS, MD



**12 P.M. HST**

**2 P.M. PST, 5 P.M. EST**

**YOU'RE WELCOME TO ATTEND  
THIS FREE ZOOM LECTURE FROM  
WHEREVER YOU ARE!  
PLEASE ADJUST START TIME FOR YOUR  
TIME ZONE.**

**GO TO [VSH.ORG/ZOOM](https://vsh.org/zoom)**

**WHEN THE TALK STARTS OR WHENEVER YOU  
CAN, & CLICK ON THE ZOOM LINK TO JOIN  
VIA YOUR SMARTPHONE OR COMPUTER; OR  
USE THE DIAL-IN NUMBERS LISTED THERE TO  
JOIN BY PHONE.**

- Why traditional Alzheimer's treatments miss the mark (and what really works)
- The surprising connection between blood flow and brain health
- How dietary choices directly impact your cognitive function
- Revolutionary insights into preventing neurodegeneration.
- The truth about common brain toxins hiding in plain sight.

Peter Rogers, MD, is a neuroradiologist/author aka the Spartan Vegan who received his bachelor's degree in biology at the top of his class from Stanford University, his medical degree from University of Illinois College of Medicine, and a fellowship in imaging guided surgery (interventional radiology) from Harvard Medical School.

To view videos of past VSH presentations, go to [vsh.org/videos](https://vsh.org/videos).  
In Hawaii, also watch them on community TV. On 'Oahu, they're on 'Olelo Channel 54's *Vegan* program 11 a.m. most Sundays.



**Vegan Society of Hawaii**  
Human Health, Animal Rights & Protection of the Environment  
A 501(c)(3) nonprofit educational, all-volunteer organization since 1990. For info or to join (and enjoy member benefits!)  
Call (808) 445-9920 or visit [www.vsh.org](https://www.vsh.org).

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