

12 NOON HST, SUN. MAY 18, 2025

PROSTATE CANCER DIDN'T BEAT ME

A FREE LIVE ONLINE VSH PRESENTATION BY

SKIP STEIN



Skip's story of how he is surviving a deadly diagnosis of prostate cancer, and how you can, too!

Given only 3 years or less to live; Skip is surviving on a delicious, nutritious whole food plant-based diet, and has been living a healthier lifestyle. Now some 15 years later, he has proven how nutrition can perform wondrous changes.

Skip Stein is a lifestyle consultant and whole food plant-based author, operating from Winter Haven, Florida. Focused on health & wellness, Skip has been serving the Central Florida area with Whole Foods 4 Healthy Living with a focus on healing and reversing lifestyle diseases. Skip and his wife Chef Nancy Stein hope to inspire others to think and do research before making major medical decisions. Skip and Chef Nancy write and publish books, articles, and recipes in print, on social media and on their several websites and domains.

12 P.M. HST

3 P.M. PDT, 6 P.M. EDT

YOU'RE WELCOME TO ATTEND THIS ZOOM LECTURE FROM WHEREVER YOU ARE!

PLEASE ADJUST START TIME FOR YOUR TIME ZONE.

GO TO [VSH.ORG/ZOOM](https://vsh.org/zoom)

WHEN THE TALK STARTS OR WHENEVER YOU CAN, & CLICK ON THE ZOOM LINK TO JOIN VIA YOUR SMARTPHONE OR COMPUTER; OR USE THE DIAL-IN NUMBERS LISTED THERE TO JOIN BY PHONE.

To view videos of many past VSH presentations, go to vsh.org/videos.

Or see them in Hawaii on community TV.



Vegan Society of Hawaii

Human Health, Animal Rights & Protection of the Environment

A 501(c)(3) nonprofit educational, all-volunteer organization since 1990. For info or to join (and enjoy member benefits!)

Call (808) 445-9920 or visit www.vsh.org.

Scan for info and to join this Zoom event!

