

10:45 A.M. HST, WED. APR. 15, 2026

HOW TO REVERSE AUTOIMMUNE DISEASE (& ALMOST ANY DISEASE!) WITH SUPERMARKET FOODS

A FREE LIVE ONLINE VSH PRESENTATION BY
BROOKE GOLDNER, MD



10:45 A.M. HST

1:45 P.M. PDT, 4:45 P.M. EDT

**YOU'RE WELCOME TO ATTEND
THIS FREE ZOOM LECTURE FROM
WHEREVER YOU ARE!**

**PLEASE ADJUST START TIME FOR
YOUR TIME ZONE.**

GO TO [VSH.ORG/ZOOM](https://vsh.org/zoom)

**WHEN THE TALK STARTS OR WHENEVER YOU
CAN, & CLICK ON THE ZOOM LINK TO JOIN
VIA YOUR SMARTPHONE OR COMPUTER;
OR USE THE DIAL-IN NUMBERS LISTED
THERE TO JOIN BY PHONE.**

View past VSH presentations at vsh.org/videos.
Also view the latest video on the *Vegan* program
11 a.m. HST most Sundays on community TV
'Olelo Channel 54, with new episodes at 6 p.m.
third Tuesday of the month
(or, from anywhere, at the same time, go to
olelo.org & click on channel [54](https://olelo.org)).

Dr. Goldner is a board-certified medical doctor who has published multiple case studies in fully reversing Lupus & Sjogren's diseases and lupus nephritis with her nutrition protocol.

She has dedicated her life to educating the public, physicians, and testifying to government committees to improve health through better understanding of the nutrition that optimizes cellular function, repair, and immunity, that has saved her life and thousands of others around the world.

She is the author of multiple bestselling books, including *Goodbye Lupus*, *Goodbye Autoimmune Disease*, and her recently released recipe book, *Goodbye Lupus, Hello Delicious*.

She has been featured in *People Magazine*, multiple documentaries like *Disease Reversal Hope*, & *Eating You Alive*, and television shows like the *Hallmark Home & Family Show*.

She graduated from Carnegie Mellon University with Honors for genetic research in Leukemia and Neurobiology, graduated from Temple University School of Medicine and was Chief Resident at UCLA-Harbor Residency.

She is the autoimmune lecturer for the Plant-Based Nutrition Certification from Cornell University and a member of the Forbes Health Advisory Board.



Vegan Society of Hawaii

Human Health, Animal Rights & Protection of the Environment

A 501(c)(3) nonprofit educational, all-volunteer organization since 1990. For info or to join (and enjoy member benefits!)

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