

MICHAEL GREGER, M.D.

PRESENTS

THE LATEST IN CLINICAL NUTRITION

Dr. Greger introduces an engaging new interactive quiz show format that lets us test our nutrition knowledge with some surprising outcomes. He has scoured the world's scholarly literature on human nutrition and developed this brand new talk of the latest in cutting edge research. Focusing on studies published just over the last year in peer-reviewed scientific nutrition journals, he offers practical advice on how best to feed ourselves and our families to prevent, treat, and even reverse chronic disease.

TUESDAY, APRIL 21, 7 P.M.
ALA WAI GOLF COURSE CLUBHOUSE
404 KAPAHULU AVE.

(0.2 MI. BEHIND THE WAIKIKI-KAPAHULU LIBRARY -
ACROSS FROM THE CHEVRON STATION)

Dr. Greger will also be speaking on Maui: Thursday, April 23, 7 p.m., Cameron Center, 95 Mahalani St., Wailuku.



Vegetarian Society of Hawaii

Join Us!

For more info call 944-VEGI (8344) or visit VSH.org



A founding member of the American College of Lifestyle Medicine, Michael Greger, M.D., is a physician, author, and internationally recognized speaker on nutrition, food safety, and public health issues. He has lectured at the Conference on World Affairs, the International Bird Flu Summit, the National Institutes of Health, testified before Congress, and was invited as an expert witness in the defense of Oprah Winfrey in the infamous "meat defamation" trial. He is a graduate of Cornell University School of Agriculture and Tufts University School of Medicine. Currently, Dr. Greger serves as the Director of Public Health and Animal Agriculture at The Humane Society of the United States.

**FREE Admission &
Refreshments**