

THE "NOTMILK" PATH TO GOOD HEALTH

A PRESENTATION BY

ROBERT COHEN



Robert Cohen is the author of *Milk The Deadly Poison* and the creator of the notmilk.com website, a parody of the "Got Milk" advertising campaign of the National Dairy Council. During the past 18 years of activism he has persuaded many thousands of doctors to recognize milk and dairy IGF-1 (Insulin-Like Growth Factor) as a risk factor for many types of cancer. He worked closely with the FDA to close Monsanto's European factory for a year which resulted in the sale of their recombinant bovine growth hormone patent to another company. He will also discuss an important feature of human muscle metabolism which he believes may improve the health and longevity of vegan athletes.

In 1994 Robert Cohen began his crusade against the genetically engineered bovine growth hormone utilizing his research skills and background in the field of neuroendocrinology. Robert is the Notmilkman and has been writing a column for 12 years which has grown to become one of the largest Yahoo groups on the Internet. One can subscribe to the free daily Notmilk column at NOTMILK.COM (over 4,200 written) on subjects representing every letter of the alphabet including the dairy connection from allergies to zits. Many of his columns have made headline news in newspapers throughout America, and his Notmilk website includes references from many thousands of peer-reviewed scientific journals.

TUESDAY, JUNE 12, 7 P.M.
ALA WAI GOLF COURSE CLUBHOUSE
404 KAPAHULU AVE.

(0.2 MI. BEHIND THE WAIKIKI-KAPAHULU LIBRARY -
ACROSS FROM THE CHEVRON STATION)

Maui — Mr. Cohen will also be speaking on Maui on Thursday, June 14th, at 7 p.m., at Kaunoa Senior Center, 401 Alakapa Pl., in Paia.



Vegetarian Society of Hawaii

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